



Wilson's Endowed CE School

School Lane, Over Kellet, Carnforth, Lancashire LA6 1BN
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Headteacher: Mr D Newiss

September 2026

Dear Parents

As part of the curriculum Year 4 & 5 classes will be attending swimming lessons every Monday starting in September for 10 weeks.

In particular, pupils will be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

This will be provided at Capernwray Swimming Pool through "Mad about Swimming". The sessions will be from 1.00pm to 2.45pm and the children will be transported to and from the venue via coach and we will be back in time for the end of the school day.

Monday 21st September
Monday 28th September
Monday 5th October
Monday 12th October
Monday 19th October
Monday 2nd November
Monday 9th November
Monday 16th November
Monday 23rd November
Monday 30th November

Please ensure the children have their swimming kit with them for these dates.

Many thanks & best wishes

Sam Howard
School Office Manager

